



**Gentle
Procedures
Clinic**

Penile Frenulectomy Post-Procedure Care

1. Most men do not require any additional pain medication after the procedure, but you may take paracetamol 1000 mg plus ibuprofen 400 mg 3 times a day for 5 days for optimal pain control.
2. There may be a small amount of bleeding at the surgical site. This is normal and will stop in a few days. If it does not, call our office or emergency number provided.
3. You may return to office work the next day, but your work requires a lot of activity you should take 2-3 days off.
4. If you are uncircumcised ensure that your foreskin is rolled over the head of your penis.
5. We recommend no sexual activity for about 5-6 weeks or until the sutures come out completely.

Gentle Procedures Southeast

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Contact Information

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For Emergencies Only:

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